

1. A.B.M Education. Approved by AHSI (American Safety and Health Institute). Contact: Andrea Bridgewater-McCarthy, 340-690-3041, aoliviab@gmail.com
2. Adrienne Coleman.Trainer approved by Health and Safety Institute (ASHI).Contact 410-889-1447, afcoleman1@aol.com , breathe2ez@aol.com
3. American Health Care Academy and American CPR Care Association, Approved by American Heart Association. Contact: Alokita Krishna, compliance@cpraedcourse.com
4. American Heart Association: Infant, Child & Adult CPR and First AID Certification
5. American Heart Saver Institute: Infant, Child & Adult CPR and First AID Certification
6. American Lifeguard Association: Infant, Child & Adult CPR and First AID equivalent to the American Red Cross training.
7. American Red Cross: Infant, Child & Adult CPR and First AID Certification
8. American Red Cross EMT, CPR and First Aid Certification. Contact: Krisn Poe Moody krisnpoe@me.com 646-249-3344
9. American Safety and Health Institute: Follows American Heart Association guidelines.
10. American Trauma Event Management (ATEM): Follows the American Heart Association guidelines. Approved by the American Heart Association, Contact info@atem.us, 844-367-5121
11. Conversant Training & Consulting Group: Follows the American Red Cross guidelines, Contact: Shannon Fields, sfields@conversantcg.com Mobile: 301-996-6346.
12. Emergency Care and Safety Institute: Follows American Heart Association guidelines.
13. E.M.S. Safety Services
14. EMP2C. Approved trainer by American Redcross. www.emp2c.com, Contact: Nicholas Shelley, 240-397-9038
15. **Fenote Training Academy LLC. Trainer Approved By:** American Health and Safety Institute (hsi), American Red Cross (ARC).Contact: Tel 310 988 0673, ftrainingacademy12@hotmail.com website <https://fenotetrainingacademy.me/>
16. HEARTWORK SERVICES, LLC, Approved Trainer by American Heart Association, Contact: Rashauna Nichols, 667-205- 9066, info@heartworkservices.co
17. Latonia M.Ford, American Safety & Health Institute Basic Life Support and First Aid Instructor, 240.681.3522 , 202.302.3076 : latoniaford@gmail.com
18. LEIM5346. Approved trainer by American Redcross. Contact: Ira A Lapps, [Jr--443-5995820--firemanlapps@gmail.com](tel:443-5995820)
19. LIFELINE CPR & FIRST AID Instructor: Approved by American Red Cross, Contact: Robert West, lifelinecpr@msn.com, 1(888) 735-9417
20. LIFE RESCUE Training: Trainings approved by AHA and ASHI. Contact: Amer Tobing, amer@liferescuetraining.com, 301-327-2525, www.liferescuetraining.com
21. Know CPR: Follows the American Heart Association guidelines, Contact Don Sussman, [www. KnowCPR.com](http://www.KnowCPR.com), 703-528-7045

22. Kyonya Services, LLC, Approved by American Heart Association & American Health & Safety Institute, Contact: Kyonya Wright & Ramonte Wright, kyonyaservices.com, email kyonya@kyonyaservices.com or kyonyaservices@gmail.com, 443-540-5881
23. Marquita Quick, Contact: 240-707-2445, gmarquita@yahoo.com, Approved by American Heart Association
24. Medic First Aid National Safety Council: Follows American Red Cross guidelines.
25. **Naon's Best CPR, Approved by American Red Cross and American Heart Association, Contact** Michelle Rasnake clientsupport@naonsbestcpr.com, **434-3867910 x102, 833 33 MY CPR**
26. National Safety Council: Certification approved by the American Red Cross
27. Operaxion CPR & Safety Services, L.L.C., Training approved by - American Heart Association & American Safety & Health Institute Contact: Gregg Banks: gregg.a.banks@gmail.com; 410-491-7807
28. Pacific Medical Training: Follows American Heart Association guidelines, Contact: Suzanne Williams, suzanne@pacificmedicaltraining.com, 484-288-2444, pacificmedicaltraining.com
29. ProTrainings: ProCPR and ProFirstAid: Follows American Heart Association guidelines.
30. ROCK CPR / First Aide classes Follows American Heart Association guidelines. Contact Kelvin Thomas Phone: 844-653-1906, Email: rockcprclasses@gmail.com
31. SafeTrek Services LLC, Training Approved By: American Red Cross, Naonal Council for Mental Wellbeing, Contact: Sandra Elvin, 202 743 5174, sandra.elvin@safetrekservices.com
32. Trained 4 Life, LLC: Follows American Heart Association guidelines, Contact: Pierre Cox, (877) 698-6590, trained4life@gmail.com
33. URSUS Lifesavers & Aquacs: Follows American Red Cross and American Heart Association guidelines.
34. Water Safety Consulting & Pool Management, LLC: Follows American Red Cross guidelines Contact: Jeff Dudley, 908-216-8669 or jdudley@watersafetyconsulng.com <http://www.watersafetyconsulng.com/child-care-cerficaons>

COMAR 13A.16.10 Safety: 02 First Aid and CPR.A

- (1) Basic first aid training through the American Red Cross, or a program with equivalent standards, which is appropriate to all child age groups for which the center is approved; and Cardiopulmonary resuscitation (CPR) training through the American Heart Association, or a program with equivalent standards, which is appropriate to all child age groups.
- (2) Adult/Child/Infant CPR & First Aid Training Instructors
Certified instructors are required to hold an Instructor Certification from the American Red

Cross, American Heart Association, American Safety & Health Institute or the National Safety Council. They must be a currently licensed medical professional, such as RN, LVN, EMT or MD.

SIDS Training Requirements and Approved Training Organizations/ Trainers

SIDS training requirements for family child care providers took place July 1, 2004 for new applicants and January 1, 2005 for existing providers caring for children under the age of two. In order to clarify the requirements for training the following information is provided.

- Resources for Training:
All SIDS training is to be based on information available from the American Academy of Pediatrics, “Reducing the Risk of SIDS in Child Care” training curriculum. The training materials and information for presentation are available free for download at www.healthychildcare.org. All training must include, at a minimum, information on Definition and background information on SIDS, sleeping position, Supervision practices, Sleeping environment and related safety practices as per CDC Guidance.

- Approved Training Sources: Colleges and universities
 - Health Departments
 - Child Care Resource Centers
 - Infants and Toddlers Program
 - Abilities Network
 - Trainers approved by OCC – Office of Credentialing