

FIRST AID SUPPLY LIST

| REQUIRED ITEM | USE TO |
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| Band Aids (assorted sizes) | To cover and protect cuts or open wounds. |
| Flashlight (operable, may be small | To check eyes, inside nose, throat and ears. |
| Gauze pads (2"x2" or 4"x4") | To clean, cover and protect cuts or open wounds. |
| Gauze pad (large, thick size) or sanitary napkin | To control bleeding or cover large wounds. |
| Gauze, flexible rolls (2 rolls) | To hold gauze bandages in place. |
| Gloves (disposable vinyl-latex gloves are acceptable, but they may cause a skin reaction for the wearer) | To protect person administering aid. |
| Ice Bag or Chemical Ice Pack | To control swelling when filled or activated. |
| Paper Towels | To clean up spills (then discard). |
| Safety Pins | To secure sling in place. |
| Scissors (blunt tip) | To cut gauze and bandages to size. |
| Soap (liquid, fragrance-free) | To clean injured area. |
| Tape (hypo-allergenic) | To hold gauze bandages to size. |
| Thermometer (non-glass, non-mercury) or fever strip | To take body temperature. Do not take rectally. |
| Triangular bandage (pre-made or 40"x40"x64" piece of clean cotton cloth | To immobilize body parts as a sling or a tie for a splint; To hold dressing on large wounds. |
| Tweezers | To remove splinters. |
| Wash cloths (disposable) | To clean injured area. |
| <p>If you suspect that a child has been poisoned, call Poison Control immediately! Follow all instructions given by Poison Control. Do <u>not</u> induce vomiting unless instructed to do so by Poison Control. POISON CONTROL: 410 529-7701 (Metropolitan Baltimore) or 1-800-222-1222 (Maryland only, toll-free)</p> | |

Note: First aid supplies are to be kept in a location which is convenient and easily accessible. First aid supplies are to be available at the child care facility and on all field trips.

Recommended Additional Items:

- Pocket face mask to perform rescue breathing during CPR
- Coins for emergency phone calls or cell phone
- Pen/pencil and note pad for recording emergency events for use on field trips
- Splints (metal or plastic)
- Emergency medication for children with special needs (as approved and provided by parents)
- Purchased bottled water (replace once opened)

The CPR face mask can be obtained from the following medical supply distributors by phone or online:

Channing Bete Company 800-611-6083 www.channing-bete.com

Laerdal Medical Corporation 1-888-562-4242 www.laerdal.com

WorldPoint ECC, Inc. 1-888-322-8350 www.worldpoint-ecc.com

American Red Cross

http://www.redcrossstore.org/?utm_source=RCO&utm_medium=frontpage&utm_campaign=shopbutton

CPR Savers & First Aid Supply 1-800 480-1277 www.cpr-savers.com

Hetep Supply Company, Inc. 1-800-894-9997 www.cprkits.com