# Basic Health and Safety Online Training
## Revision 2020

**Introduction/Background**

To meet state and federal requirements of the Child Care and Development Block Grant (CCDBG), all child care providers must successfully complete a basic health and safety training. In Maryland, this requirement extends to all staff, substitutes, and adults responsible for the care and safety of children in a licensed child care program. The purpose of this project was to revise and update the current *Basic Health and Safety Online Training* to reflect on best practice with connections to relevant Code of Maryland Regulations (COMAR).

The revised training was completed and released to a cohort of Essential Personnel School Age (EPSA) programs on April 17, 2020 and closed on May 4, 2020. A total of 341 child care staff and Licensing Specialists completed the training during that period. Feedback was gathered and additional modifications to the training were made prior to a June 1, 2020 release to cohorts of Maryland child care personnel required to complete the training.

**Approach, Structure, and Design**

The goal of revisions to the existing online training was to transform the original series of 16 narrated and recorded presentations into interactive online learning experiences. Twelve required topics were categorized under four main content areas. An additional topic was developed at the request of the Maryland State Department of Education (MSDE) to address ways to support breastfeeding in child care programs.

The structure of the revised training is as follows:

**Safe Outdoor Environments**

- Safe and Sanitary Outdoor Environments
- Outdoor Supervision
- Outdoor Equipment and Materials
- Transportation

**Safe Indoor Environments**

- Safe and Sanitary Indoor Environments
- Supervision
- Indoor Equipment and Materials

**Safe Children**

- Preventing Infectious Diseases
- Emergency Preparedness
- Sudden Infant Death Syndrome (SIDS)
- Child Abuse, Shaken Baby Syndrome, and Head Trauma

**Healthy Children**

- Child Development and Screening
- Breastfeeding

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- First Aid
- Cardiopulmonary Resuscitation (CPR)
- Medication Administration
- Allergies and Asthma

The training presents content in manageable chunks with controlled release features that help participants focus on each section one at a time. Participants must complete the Introduction to release the four main topic areas. Once the course content is available, participants may select any of the main topics in any order. Within a topic, controlled release features prompt participants to view videos, review content tabs, and complete knowledge check activities before advancing to subsequent topics. Responsive design features allow participants to engage with the training on multiple devices (computers, laptops, mobile devices, smart phones). Published content integrates with any learning management system (LMS) that is SCORM or xAPI compliant.

Please select the various hot spots in the image below to get a sense of the topics in this training and what you will to accomplish by the end of it.

**Course Goals**

You have an important job. One that puts you on the front lines of shaping young minds and keeping children safe. This work is vital, you need to be ready to handle a variety of complex situations. This course covers the health and safety best practices and state and national standards which are the foundation of quality child care. By the end of this course you will be able to apply the best practices, knowledge, and skills learned here to provide safe and healthy environments for the children in your care.