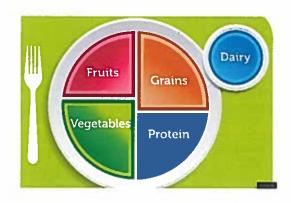
## MARYLAND STATE DEPARTMENT OF EDUCATION OFFICE OF CHILD CARE -- REGION 10 ROUNDTABLE

## "NUTRITION EDUCATION"



TÚESDAY, MAY 22, 2018 5:30 PM – 7:30 PM

CHARLOTTE HALL LIBRARY 37600 NEW MARKET ROAD CHARLOTTE HALL, MD 20622

This roundtable session will provide an opportunity to better understand and adopt current nutrition guidelines and best practices within your child care setting. Presenters from the Office of School and Community Nutrition Programs at Maryland State Department of Education will address the USDA meal pattern changes that went into effect on October 1, 2017, and review menu planning principles that support providing healthy meals and snacks for young children in early childhood education programs.

This session is open to family child care providers and child center staff. Participants will receive 2 hours of training (health, safety, and nutrition).