



Maryland State Department of Education

Office of Child Care – Region 10

Roundtable

“2017 Child Care Meal Pattern Requirements Roundtable”

Wednesday, September 13, 2017

5:30 p.m. – 7:30 p.m.

**Charlotte Hall Library
37600 New Market Road
Charlotte Hall, MD 20622**

The required meal pattern for all licensed child care providers in Maryland is changing and must be implemented by October 1, 2017. Come learn about the updates, including an explanation of the reason for the changes, and what it means in terms of menu planning and food purchasing decisions. This 2-hour interactive training will provide participants with knowledge, skills, and resources to successfully implement the updated requirements in their child care setting. We will have hands-on practice of the necessary label reading skills involving sugar content for yogurt and breakfast cereal, as well as understanding which foods will be considered “whole grain rich”. Participants will enhance their confidence and ability to comply with the new regulations, and improve their likelihood of having successful compliance visits from the Office of Child Care and/or the Office of School and Community Nutrition Programs.

Presenter: Sara Booker, MSDE, Office of School and Community Education

Core of Knowledge: Health, Safety, and Nutrition

Pre-registration required – limited space – FREE.

Contact Office of Child Care – Region 10 at 301-475-3770 or 1-800-874-6797 to pre-register.