### Personal and Social Development

**Feelings about Self and Others**

**Feelings about Self**

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| Twenty-Five to Thirty Months | ...
| Thirty-One Months to Three Years | ...

**Feelings about Others**

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**Relating to Adults**

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**Relating toOther Children**

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### Indicators/Examples

**Birth to Four Months**

- **Feelings about Self and Others**
  - **Feelings about Self**
    - Baby smiles when seeing or hearing familiar adults
    - Baby enjoys soothing, tactile environment
  - **Feelings about Others**
    - Baby shows concern about unfamiliar adult
    - Baby reacts when another child takes a toy from him
  - **Relating to Adults**
    - Baby responds to adult voice when the adult says his name
    - Baby waits when the adult asks her to come
  - **Relating to Other Children**
    - Baby shows preference for a particular child

- **Characteristics or Development**
  - Baby looks in the direction of familiar adults
  - Baby shows fear by crying or whimpering when left with unfamiliar adult

**Five to Eight Months**

- **Feelings about Self and Others**
  - **Feelings about Self**
    - Baby shows awareness of other children
    - Baby imitates sounds or noises
  - **Feelings about Others**
    - Baby shows self-awareness and competence
    - Baby shows awareness of other children
  - **Relating to Adults**
    - Baby shows self-control when you ask her to wash her face
    - Baby talks to another child as she explores
  - **Relating to Other Children**
    - Baby shows awareness of other children
    - Baby shares one of the several toys

**Nine to Twelve Months**

- **Feelings about Self and Others**
  - **Feelings about Self**
    - Baby shows fear by crying or whimpering when left with unfamiliar adult
    - Baby asks for help, if needed
  - **Feelings about Others**
    - Baby shows concern about unfamiliar adult
    - Baby shows awareness of other children
  - **Relating to Adults**
    - Baby comes when you call her
    - Baby points to things in the room, and how to get them
  - **Relating to Other Children**
    - Baby looks for her special friend
    - Baby watches other children play

**Eighteen to Twenty-Four Months**

- **Feelings about Self and Others**
  - **Feelings about Self**
    - Baby shows self-control and self-regulation
    - Baby shows awareness of other children
  - **Feelings about Others**
    - Baby shows awareness of other children
    - Baby shows self-control and self-regulation
  - **Relating to Adults**
    - Baby asks you to watch as she takes a toy
    - Baby goes willingly with a neighbor
  - **Relating to Other Children**
    - Baby plays along with other children
    - Baby attends at circle time for simple group activities

**Twenty-Five to Thirty Months**

- **Feelings about Self and Others**
  - **Feelings about Self**
    - Baby shows self-reliance
    - Baby shows self-confidence
  - **Feelings about Others**
    - Baby shows self-control
    - Baby shows self-confidence
  - **Relating to Adults**
    - Baby can help and then ask for it
    - Baby shows self-control
  - **Relating to Other Children**
    - Baby shares one of the several toys
    - Baby shares one of the several toys

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### Additional Indicators

- **Birth to Four Months**
  - Baby enjoys music or sounds
  - Baby enjoys visual experiences

- **Five to Eight Months**
  - Baby enjoys visual experiences
  - Baby enjoys music or sounds
  - Baby enjoys talking and pretend play

- **Nine to Twelve Months**
  - Baby enjoys talking and pretend play
  - Baby enjoys visual experiences

- **Eighteen to Twenty-Four Months**
  - Baby enjoys visual experiences
  - Baby enjoys talking and pretend play

- **Twenty-Five to Thirty Months**
  - Baby enjoys visual experiences
  - Baby enjoys talking and pretend play

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### Five to Eight Months

- **Feelings about Self and Others**
  - **Feelings about Self**
    - Baby shows self-control
    - Baby shows self-confidence
  - **Feelings about Others**
    - Baby shows self-confidence
    - Baby shows self-control
  - **Relating to Adults**
    - Baby can help and then ask for it
    - Baby shows self-control
  - **Relating to Other Children**
    - Baby shares one of the several toys
    - Baby shares one of the several toys

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### Nine to Twelve Months

- **Feelings about Self and Others**
  - **Feelings about Self**
    - Baby shows self-reliance
    - Baby shows self-confidence
  - **Feelings about Others**
    - Baby shows self-control
    - Baby shows self-confidence
  - **Relating to Adults**
    - Baby can help and then ask for it
    - Baby shows self-control
  - **Relating to Other Children**
    - Baby shares one of the several toys
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### Eighteen to Twenty-Four Months

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    - Baby shows self-confidence
  - **Feelings about Others**
    - Baby shows self-control
    - Baby shows self-confidence
  - **Relating to Adults**
    - Baby can help and then ask for it
    - Baby shows self-control
  - **Relating to Other Children**
    - Baby shares one of the several toys
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### Twenty-Five to Thirty Months

- **Feelings about Self and Others**
  - **Feelings about Self**
    - Baby shows self-reliance
    - Baby shows self-confidence
  - **Feelings about Others**
    - Baby shows self-control
    - Baby shows self-confidence
  - **Relating to Adults**
    - Baby can help and then ask for it
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  - Baby enjoys talking and pretend play

- **Twenty-Five to Thirty Months**
  - Baby enjoys visual experiences
  - Baby enjoys talking and pretend play
Language Development
Understanding and Communicating

Pre-Reading and Pre-Writing

Birth to Six Months
- Listen to voices
- Contrast voices, sounds, and music
- Express feelings
- Explore objects in own environment
- Speak to the adults
- Respond to familiar voices
- Recognize familiar voices
- Use gestures
- Enjoy simple stories
- Use familiar words

Pre-Reading to Pre-Writing

Seven to Twelve Months
- Use gestures to express feelings
- Understand and express the meaning of words
- Use familiar words
- Use familiar objects
- Explore objects in own environment
- Respond to familiar voices
- Express feelings
- Contrast voices, sounds, and music
- Recognize familiar voices

Pre-Writing to Pre-Reading

Three to Four Years
- Recognize familiar faces
- Recognize familiar people
- Understand the meaning of words
- Recognize familiar words
- Express feelings
- Contrast voices, sounds, and music
- Recognize familiar voices

Ten to Twelve Years
- Recognize familiar faces
- Recognize familiar people
- Understand the meaning of words
- Recognize familiar words
- Express feelings
- Contrast voices, sounds, and music
- Recognize familiar voices


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Cognitive Development

**Birth to Four Months**

- Explore objects in unusual places, and sort objects according to size, shape, or color.
- Identify objects by color, shape, or size.
- Explore objects by pulling, pushing, and manipulating them.
- Explore objects by putting them into pockets, slots, and containers.
- Explore objects by playing with them in a variety of ways.
- Explore activities involving matching, sorting, and classifying.
- Explore activities involving order, sequence, and comparison.
- Explore activities involving movement, such as rolling, sliding, and bouncing.
- Explore activities involving listening, such as hearing sounds and responding.
- Explore activities involving movement of the body, such as crawling, sitting, and standing.
- Explore activities involving movement of the body, such as running, jumping, and flipping.
- Explore activities involving movement of the body, such as swimming, dancing, and playing.
- Explore activities involving movement of the body, such as riding, driving, and flying.
- Explore activities involving movement of the body, such as walking, running, and jumping.
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## Physical Development

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### Four to Seven Months

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