## Family Child Care Modules – 24 Hour Initial Training Outcomes

### Module One - Child Development

This module includes the major concepts, principles, theories, and research related to the development on children, infants through thirteen, that enable family child care providers to construct learning opportunities that support a child’s individual development, acquisition of knowledge, and motivation.

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<tr>
<th>Outcomes</th>
<th>Indicators</th>
<th>Sample Assessment Tasks</th>
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</table>
| 1. The participant will know and understand the major milestones, typical behaviors and learning processes of children birth to 13 years of age. | • Identify indicators of development  
• Know the major historical and current developmental theories | • Identify the major theorists and their basic philosophy  
• Written explanation or individual presentation of child development as it relates to curriculum and materials  
• Compare and contrast major developmental theories |
| 2. The participant will know the major and current approaches to theories of child development and learning. | • Identify and explain the major components of the major and current approaches to development and learning | • Compare and contrast the major theorists and theories |
| 3. The participant will know and explain the importance of quality early childhood education from a family child care perspective on young children's growth and development | • Understand how learning occurs in children and the role of play in learning  
• Recognize behaviors that indicate that learning has occurred | • Describe how a discovery learning task appropriate for infants and toddlers differs from a task appropriate for young children |
| 4. The participant will understand various strategies to support different learning styles and abilities. | • Define and explain culture and diversity  
• Understand how culture and diversity influence growth and development | • Analysis of a case study in which cultural and diversity factors are involved |

### Module Two - Curriculum

This module includes the major concepts of curriculum planning for children birth to age thirteen. Participants will apply the principles of child growth and development in early childhood education settings.

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<tr>
<th>Outcomes</th>
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</table>
| 1. The participant will know the concepts of developing a developmentally appropriate Family Child Care curriculum. | • Demonstrates understanding on the elements of schedule planning  
• Demonstrates an understanding of content areas and how they relate to child development  
• Demonstrates understanding of an appropriate family child care curriculum | • Written plan for a curriculum experience utilizing concepts  
• Identification of curriculum areas for use with young children |
| 2. The participant will understand the components of a safe, healthy environment and how it impacts the learning environment. | • Demonstrates understanding of the importance of room arrangement/environment | • Written plan for a curriculum experience utilizing concepts  
• Identification of curriculum areas for use with young children |
# Module Three - Health, Safety and Nutrition

This module includes the major concepts of health, safety and nutrition for children birth to age thirteen.

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<th>Outcomes</th>
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<tbody>
<tr>
<td>1. The participant will know the components of a safe and healthy family childcare environment for children.</td>
<td>• Demonstrates understanding of a healthy, safe family child care environment</td>
<td>• List the components of a safe, healthy environment</td>
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<td>• Demonstrates understanding of the importance of developing a plan to respond to emergency situations</td>
<td>• List the components of an emergency plan</td>
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<td></td>
<td>• Identifies the components of an emergency plan</td>
<td>• Develop a plan to respond to emergency situations</td>
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<td>2. The participant will understand the components of a plan to respond to emergency situations</td>
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<td>• List the steps to take in the case of an emergency situation</td>
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<td>3. The participant will know how to respond to accidents and emergencies in a family child care program.</td>
<td>• Demonstrate understanding of the steps and procedures for reporting accidents</td>
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<td></td>
<td>• Demonstrate understanding of the steps to take in responding to emergencies</td>
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<td>• List the signs of illness in children</td>
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<td></td>
<td>• Develop a statement of exclusionary practices</td>
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<td>4. The participant will understand the principles of appropriate meal planning</td>
<td>• Identify the components of a balanced, age-appropriate menu plan</td>
<td>• Plan a weekly menu for a variety of age and activity levels</td>
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<td>5. The participant will know the signs of illness in children and describe when a child should be excluded from care</td>
<td>• Demonstrate understanding of the signs and symptoms of illness</td>
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<td>• Demonstrates knowledge of exclusion criteria</td>
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# Module Four – Special Needs

This module will introduce the participant basic information on meeting the requirements of the ADA, establishing an inclusive child care environment and meeting the needs of all children in care.

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<tr>
<td>1. The participant will understand basic typical and atypical development in children.</td>
<td>• Demonstrates understanding of typical and atypical development</td>
<td>• Describe typical and a typical development in children</td>
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<td>• Demonstrates understanding of early intervention and its importance</td>
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<td>2. The participant will know the importance of early intervention for children with variations in development and learning,</td>
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<td>• Define the term reasonable accommodation</td>
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<td>3. The participant will understand the requirements of the ADA as it applies to family child care programs;</td>
<td>• Explain how to set up an inclusive child care setting</td>
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<td>• Explain the requirements of the ADA as it applies to family child care</td>
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<tr>
<td>4. The participant will know the components of setting up an inclusive child care setting.</td>
<td>• Demonstrates knowledge of how setting up the environment can impact on accessibility for all children</td>
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### Module Five – Professionalism

This module will introduce the participant to the components of the professional aspects of establishing a family child care home business.

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<tr>
<td>1. The participant will understand the provider's responsibility in supervising children including the need to intervene to promote safety.</td>
<td>Identifies the components of appropriate supervision</td>
<td>Explain appropriate supervision techniques for various ages and activity levels</td>
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<td>Demonstrates knowledge of the supervision criteria based on the age and activity of the child</td>
<td>Define appropriate supervision</td>
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<td>2. The participant will know the requirements of the Office of Child Care Regulations</td>
<td>Demonstrates understanding of Maryland State regulations for family child care home providers</td>
<td>Identify the requirements for reporting abuse and neglect</td>
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<td>Discuss the requirements for supervision of children</td>
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<td>Identify the requirements for recordkeeping</td>
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<td>3. The participant will understand the professional responsibilities of a self-employed business owner.</td>
<td>Demonstrates understanding of the importance of establishing a business plan</td>
<td>Develop operational materials for use in a childcare program</td>
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<td>Identifies the aspects of establishing a family child care business</td>
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<td>o Contracts</td>
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<td>o Policies and procedures</td>
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<td>o Recordkeeping</td>
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<td>Develop a marketing plan</td>
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### Module Six – Community

This module will introduce the participant to the importance of provider/parent collaboration and the resources available to support family child care home providers, children and families.

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<tr>
<td>1. The participant will understand the importance of developing positive partnerships with families.</td>
<td>Demonstrates understanding of developing positive relationships with child care families</td>
<td>List the advantages of developing partnerships with families</td>
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<td>Develop strategies to build positive professional relationships with children, families, and community organizations.</td>
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<tr>
<td>2. The participant will know resources the community organizations that support early childhood programs.</td>
<td>Demonstrates understanding of community organizations that support early childhood programs</td>
<td>List community organizations that support early childhood programs</td>
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<td>Identify resources available to family child care providers</td>
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<td>3. Describe the influence of culture on family child care home programs and how it informs practice and planning.</td>
<td>Define and explain culture and diversity</td>
<td>Written description of how the family environment influences the child in early childhood settings</td>
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<td>Understand the impact of culture and diversity in relation to school readiness</td>
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<td>Understand the role of family in society</td>
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