



Conversation Starters to use During a Routines Based Interview

General questions:

1. Tell me how your day begins?
2. Who lives in your home?
3. Who works in the family? Is anyone home during the day?
4. Where is the child during the day? Where does he/she spend most of his/her day?
5. With whom does your child spend a majority of his/her day?
6. How long have you lived here in this community?
7. Are there other agencies/programs that provide assistance to your family?

Questions to ask about dressing:

1. How does dressing go for you and your child?
2. Who helps your child with dressing?
3. How involved is your child with dressing?
4. What kind of communication goes on during dressing? Can your child follow simple instructions or commands such as....?
5. Do you give your child choices about what to wear? Ask for a description.

Questions to ask about meal times:

1. Can you describe mealtimes for me?
2. Who usually helps your child with eating?
3. What are some of his/her favorite foods? What foods does he/she dislike?
4. Does he/she have any difficulty with eating (swallowing, chewing)
5. What are other family members doing during meal times?
6. How involved is your child with feeding him/herself? Ask for a description of what the child can do.
7. How does your child tell you what he/she wants or that he/she is finished?
8. Are there any challenges around mealtimes? What would make it easier for you and your child?

Questions to ask about going places:

1. What are some places you and your child enjoy going to?
2. How do you get your child ready to go out?
3. Who helps with getting your child ready?
4. How does your child respond to going out to new places?
5. Are there any places that your child does not like to go to?
6. Are there any challenges to going places with your child?

Questions to ask about playtime/hanging out:

1. What do you and your child enjoy doing at home when you're just hanging out?
2. What does your child enjoy playing or doing?
3. What are his/her favorite toys, activities, TV shows, etc.?
4. How does your child let you know what he wants to do or when he wants to interact with you or other family members?
5. Does your child have opportunities to interact with other children?
6. How does your child interact when playing with other children?

Questions to ask about bath time/toileting/diapering:

1. Who usually helps your child with bathing/toileting/diapering?
2. How does your child respond to these activities? Are these challenging parts of the day for you?
3. How involved is your child with these activities? Does he/she help to wash, help to undress/dress, etc.?

Questions to ask about special events the family likes to do or is engaged in during the year:

1. Are there any special activities you and your family like to do together? What time of the year does this happen?
2. Are there any cultural events/activities you and your family participate in?
3. How involved is your child in these activities? How is this working for you and your family?
4. Are there any times of the year that are especially busy and/or stressful for your family?
5. Are there any days during the week that you and your family are involved with cultural/community activities?