

School-Age Child Care

This course introduces the basic concepts of program organization, planning, and implementation of school-age care for children in a before/after school setting. Instruction will include the use of library, computer, and written expression.

Outcomes	Indicators	Assessment Types	Sample Assessment Tasks
<p>1. The child care professional will understand the social, physical, emotional, motor, cognitive, and language stages of development in children five years to twelve years of age.</p>	<ul style="list-style-type: none"> • Demonstrate an understanding of development in children five to twelve years of age. • Identify the developmental needs of school age children. • Identify theory and theorist in relation to school-age children and approaches to learning. 	<ul style="list-style-type: none"> • Extended Response • Restricted Response • Written Response 	<ul style="list-style-type: none"> • Complete an observation of a school-aged child. • Compare and contrast major developmental theories. • Develop a newsletter, chart, etc. that outlines typical development in school-age children.
<p>2. The child care professional will understand how to support learning by encouraging children's problem solving, thinking skills, and academic and social competence.</p>	<ul style="list-style-type: none"> • Demonstrate an understanding of concepts within the activity and content area for: <ul style="list-style-type: none"> - The arts (dance, music, visual/performing arts) - Math/science/cooking – nutrition - Large and small muscle motor activities - Social studies - Language/literacy - Social activities • Demonstrate an understanding of how promoting an integrated curriculum including field trips and community resources promotes development. • Identify the elements of an appropriate lesson plan/activity. • Identify teaching techniques that supports a variety of learning styles. • Demonstrate an understanding of how appropriate materials, experiences, and interactions support the developmental needs of school-age children. • Identify curriculum and activity resources specific to school-age child care. • Demonstrate an understanding of how to successfully work with mixed-age groups. 	<ul style="list-style-type: none"> • Extended response • Restricted response • Written Response • Project Demonstration 	<ul style="list-style-type: none"> • Develop a lesson/activity plan appropriate for school-age children. • Review published school-age child care curriculum. • Develop a resource guide for activity development using the internet. • Develop an activity book of games for indoor and outdoor environments for school-age child care. • Demonstrate an activity that is appropriate for school-age children.

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<p>3. The child care professional will understand the importance of developing positive relationships when working with school-age children, staff, and families.</p>	<ul style="list-style-type: none"> • Understand the elements of positive respectful relationships that include warm, nurturing interactions with children. • Demonstrate an understanding of how to establish positive relationships with children, co-workers, families and community members. • Identify and demonstrate positive guidance techniques that promote social competency and pro-social behavior. • Identify essential elements for effective communication with school-age children. • Identify strategies for communicating with parents and families. • Identify strategies to increase parent involvement. 	<ul style="list-style-type: none"> • Extended Response • Restricted Response • Written Response • Demonstration 	<ul style="list-style-type: none"> • Research positive guidance techniques and theory. • Demonstrate appropriate responses to situations addressing communication with children, staff, and parents. • Develop a community resource guide for parents. • Create a program newsletter or calendar. • Develop a program to promote parent participation.
<p>4. The child care professional will demonstrate an understanding of how environmental design and schedules promote successful learning experiences.</p>	<ul style="list-style-type: none"> • Identify the key elements of environmental design in a school-age program. • Identify the challenges of developing an appropriate school-age environment. • Demonstrate an understanding of how to develop and implement a daily schedule. 	<ul style="list-style-type: none"> • Extended Response • Restricted Response • Written Response 	<ul style="list-style-type: none"> • Design a school-age environment. • Visit several school-age programs and compare environmental design. • Develop a daily schedule for a before and after school-age program. • Design an outdoor school-age environment. • Review the National Afterschool Associations recommended environment guidelines.
<p>5. The child care professional will demonstrate an understanding of how to effectively work with school-age children with a diagnosed disability including: program planning and environment and equipment modifications.</p>	<ul style="list-style-type: none"> • Understand developmentally appropriate practices for school-age children with developmental, emotional, cognitive, language and/or physical needs. • Understand inclusionary practices. • Demonstrate an understanding of the ADA. • Demonstrate and understanding of how to implement an Individual Education Plan. • Identify resources for referral and services. • Demonstrate an understanding of how environment and equipment modifications support individual needs. 	<ul style="list-style-type: none"> • Extended Response • Restricted Response • Written Response • Oral Presentation • Project demonstration 	<ul style="list-style-type: none"> • Research theoretical and legal foundations for special programs. • Develop and demonstrate a modification to a lesson plan that will support a child with a diagnosed disability. • Read and interpret an Individual Education Plan. • Create an environment that supports inclusionary practices. • Develop a resource guide for resource and referral for children with a suspect/diagnosed disability.
<p>6. The child care professional will demonstrate an understanding of health and nutritional needs of school-age children.</p>	<ul style="list-style-type: none"> • Demonstrate an understanding of physical growth and development in school age children and the impact it has on programming. • Identify the recommended nutritional needs of children five years to twelve years of age. • Identify health and safety curricular resources. 	<ul style="list-style-type: none"> • Extended Response • Restricted Response • Written Response 	<ul style="list-style-type: none"> • Develop a variety of activities that highlight health and nutritional needs. • Create a weekly snack menu. • Research health and nutritional studies that reflect the school-age population.

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7. The child care professional will understand how to promote a healthy and safe environment.	<ul style="list-style-type: none"> • Understand how to maintain a safe environment under the guidance of the Office of Child Care Regulations. • Identify strategies that promote health and wellness. • Identify the signs of child abuse and neglect and demonstrate knowledge of appropriate reporting process. • Identify safety management and supervision practices. 	<ul style="list-style-type: none"> • Extended Response • Restricted Response • Written Response 	<ul style="list-style-type: none"> • Review Office of Child Care Regulations pertaining to School Age programs, environment, and health and safety. • Review existing policies and procedures established by school-age programs. • Identify the appropriate forms and procedures for reporting child abuse and neglect.
8. The child care professional will understand the elements of professionalism and ethical and legal standards.	<ul style="list-style-type: none"> • Demonstrate supportive and effective communication skills. • Understand the importance of establishing professional relationships with co-workers and families. • Demonstrate an understanding of child care policies, licensing regulations, and legal and advocacy issues. • Demonstrate an understanding of staff development, evaluation, leadership techniques and supervision. • Identify positive leadership techniques. 	<ul style="list-style-type: none"> • Extended Response • Restricted Response • Written Response • Demonstration 	<ul style="list-style-type: none"> • Demonstrate appropriate responses to several child care related scenarios. • Reviews Office of Child Care regulations • Research leadership techniques. • Develop and/or review staff evaluation forms. • Interview a School-Age Director or group leader. • Review the National Afterschool Associations Standards of Quality School Age Care.