

## **Procedure for Diapering a Child**

### **1.Get Organized:**

a.Wash Hands and collect the needed supplies: Before bringing the child to the diaper changing area, perform hand hygiene, gather and bring supplies to the diaper changing area.

- Non-absorbent paper liner large enough to cover the changing surface from the child's shoulders to beyond the child's feet
- Fresh diaper and clean clothes (if necessary)
- Enough diaper wipes for the diaper change (including cleaning child's bottom, child's hands and provider's hands after taking the soiled diaper away from the child's skin)
- Child's personal, labeled Diaper Cream/Ointment, (provided by parents-OCC 1216 E) removed from the container to a piece of disposable material such as facial or toilet tissue
- Trash disposal bag
- Supplies should be removed from their containers before starting the diaper change.

b.Diapering Surface: should be smooth, nonabsorbent, and easy to clean. Don't use areas that come in close contact with children during play, such as couches, floor areas where children play, etc.

- Place a non-absorbent paper liner large enough to cover the changing surface from the child's shoulders to the child's heels (in case it becomes soiled and must be folded over to give a clean surface during the change) on the changing table.

c.If using gloves, put them on now.

### **2.Carry the child to the Diapering Table:**

- Keep the soiled clothing away from you and any surface that cannot be easily cleaned and disinfected.
- Always keep a hand on the child
- If the child's feet cannot be kept out of the diaper or from contact with soiled skin during the changing process, remove the child's shoes and socks so the child does not contaminate these surfaces with stool or urine during the diaper changing.

### **3.Clean the child's diaper area:**

- Unfasten the soiled diaper but leave it under the child
- Lift the child's legs as needed and use the disposable wipe to clean the child, wiping from front to back
- Use a fresh wipe each time until the child is clean
- Put the soiled wipes into the soiled diaper, or directly into a plastic-lined hands-free covered container.

### **4.Remove the soiled diaper:**

- Fold the soiled diaper surface inward and put the soiled diaper into a plastic-lined, hands-free covered container.
- If cloth diapers are used, put the soiled diaper and its contents, into a plastic bag or a plastic-lined, hands-free covered container and store in a location inaccessible to children. No rinsing or dumping of the contents of cloth diapers in child care.
- If gloves were used, remove them and put them into a plastic-lined, hands-free covered can
- Whether or not gloves were used, use a fresh wipe to wipe the hands of the caregiver/teacher and another fresh wipe to wipe the child's hands

## Procedure for Diapering a Child

### 5. Put on a clean diaper and redress the child:

- Slide a fresh diaper under the child
- Use a facial or toilet tissue or wear clean disposable glove to apply any necessary diaper creams, discarding the tissue or glove in a covered, plastic-lined, hands-free covered can
- Fasten the diaper.

### 6. Wash the child's hands and return the child to play area:

- Use soap and warm water, between 60°F and 120°F, at a sink to wash the child's hands
- The provider should not touch any materials in the classroom, other children, etc., at this point because their hands have not been properly washed yet).

### 7. Clean and sanitize the diaper-changing surface:

- Throw away the disposable paper liner in a plastic-lined, hands-free container
- Clean any visible soil from the changing surface with detergent and water
- Wet the entire changing surface with an EPA registered disinfectant and wait for surface to air dry to allow the solution kill germs before drying with a disposable paper towel.

### 8. Wash Hands according to the procedure and maintain documentation of diaper change log:

- Document on OCC 1216 E form and report to parent as needed of any skin rashes such as redness, skin cracks, or bleeding, loose stool, an unusual odor, blood in the stool, or any skin irritation.

### Resources:

1. Caring for Our Children: National Health and Safety Performance Standards, Diaper Changing Procedure, 3<sup>rd</sup> edition. Diaper Changing Procedure-Last Modified 08/23/2016.
2. CDC. Safe and Healthy Diapering to reduce the spread of the germs.

### 3. MSDE Office of Child Care (OCC) Regulations

- Diapering Area: COMAR 13A.16.05 PHYSICAL PLANT AND EQUIPMENT .08 Sanitary Facilities and Supplies.  
COMAR 13A .15.05 Home Environment and Equipment  
.03 Cleanliness and Sanitation E. (3)
- Diapering Procedure: COMAR 13A.16.09 PROGRAM REQUIREMENTS  
02 Activity Plans for Infants and Toddlers. B. (4). (d)  
COMAR 13A .15.05 Home Environment and Equipment  
.03 Cleanliness and Sanitation E. (1) (2)
- Hand Washing: COMAR 13A.16.11 HEALTH .03 Preventing Spread of Disease.  
COMAR 13A .15.05 Home Environment and Equipment  
.03 Cleanliness and Sanitation D (1) (2)
- Diaper Cream: COMAR 13A.16.11 HEALTH .04 Medication Administration and Storage.  
B. Topical Application A, D (2)  
COMAR 13A.15.11 Health .04 Medication Administration and Storage.  
B. Topical Applications A, D (2)

# SAFE AND HEALTHY DIAPER CHANGING STEPS IN CHILDCARE SETTINGS

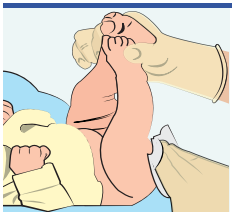


Keep a hand on the child for safety at all times!



## 1 PREPARE

- Cover the diaper changing surface with disposable liner.
- If you will use diaper cream, dispense it onto a tissue now.
- Bring your supplies (for example, clean diaper, wipes, diaper cream, gloves, plastic or waterproof bag for soiled clothing, extra clothes) to the diapering area.



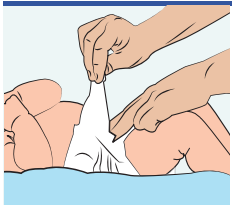
## 2 CLEAN CHILD

- Place the child on diapering surface and unfasten diaper.
- Clean the child's diaper area with disposable wipes. Always wipe front to back!
- Keep soiled diaper/clothing away from any surfaces that cannot be easily cleaned. Securely bag soiled clothing.



## 3 REMOVE TRASH

- Place used wipes in the soiled diaper.
- Discard the soiled diaper and wipes in the trash can.
- Remove and discard gloves.



## 4 REPLACE DIAPER

- Slide a fresh diaper under the child.
- Apply diaper cream, if needed, with a freshly gloved finger.
- Fasten the diaper and dress the child.



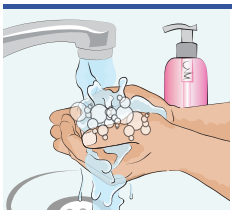
## 5 WASH CHILD'S HANDS

- Use soap and water to wash the child's hands thoroughly.
- Return the child to a supervised area.



## 6 CLEAN UP

- Remove liner from the changing surface and discard in the trash can.
- Wipe up any visible soil with damp paper towels or a baby wipe.
- Wet the **entire surface** with disinfectant; make sure you read and follow the directions on the disinfecting spray, fluid, or wipe. Choose disinfectant appropriate for the surface material.



## 7 WASH YOUR HANDS

- Wash your hands thoroughly with soap and water.

# MEDIDAS PARA CAMBIAR PAÑALES EN ENTORNOS DE CUIDADO INFANTIL DE MANERA SEGURA Y SIN RIESGOS PARA LA SALUD

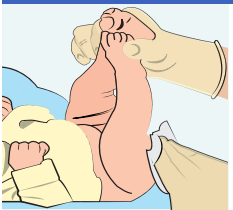


Como medida de seguridad, ¡mantenga una de sus manos sobre el niño en todo momento!



## 1 PREPÁRESE

- Cubra la superficie del lugar donde cambiará el pañal con una cubierta desechable.
- Si va a usar una crema antipañalitis, aplíquela en un pañuelo de papel ahora.
- Lleve todos los suministros (p. ej., el pañal limpio, las toallitas húmedas, la crema antipañalitis, los guantes, la bolsa plástica o impermeable para la ropa sucia, la ropa extra) al lugar donde vaya a cambiar los pañales.



## 2 LIMPIE AL NIÑO

- Coloque al niño sobre la superficie en donde lo vaya a cambiar y afloje el pañal.
- Limpie el área que va a cubrir el pañal con toallitas húmedas. ¡Límpielo siempre de adelante hacia atrás!
- Mantenga el pañal o la ropa que estén sucios alejados de toda superficie que no se pueda limpiar fácilmente. Ponga la ropa sucia en una bolsa en forma segura.



## 3 BOTE LA BASURA

- Coloque las toallitas húmedas que haya usado adentro del pañal.
- Tire el pañal y las toallitas húmedas que estén sucios a la basura.
- Quítese los guantes y tírelos a la basura.



## 4 CAMBIE EL PAÑAL

- Deslice un pañal limpio por debajo del niño.
- Aplíquelo la crema antipañalitis, si es necesario, con un dedo que recién se haya enguantado.
- Ajuste el pañal y vista al niño.



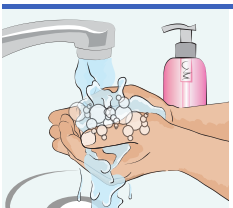
## 5 LAVE LAS MANOS DEL NIÑO

- Use agua y jabón para lavarle cuidadosamente las manos al niño.
- Llévelo de vuelta a un área supervisada.



## 6 LIMPIE

- Retire la cubierta descartable de la superficie en donde cambió el pañal y tírela a la basura.
- Limpie, si quedó algo sucio, con una toalla de papel húmeda o con una de las toallitas húmedas de bebé.
- Humedezca **toda la superficie** con un desinfectante. Asegúrese de leer y seguir las indicaciones del envase del aerosol, del líquido o de la toallita húmeda desinfectante. Elija un desinfectante que sea adecuado para el material de la superficie.



## 7 LÁVESE LAS MANOS

- Lávese bien las manos con agua y jabón.