



MARYLAND STATE DEPARTMENT OF EDUCATION
Division of Early Childhood Development- Office of Child Care

Office of Child Care Approved CPR/First Aid, and SIDS Training Sources

OCC Approved CPR, First Aid, AED & SIDS Training Organizations

- * American Heart Association
- * American Lifeguard Association
- * Conversant Training & Consulting Group
- * URSUS Lifesavers & Aquatics
- * American Safety and Health Institute
- * Emergency Care and Safety Institute
- * ProTrainings
- * American Heart Saver Institute
- * Water Safety Consulting & Pool Management, LLC
- * American Red Cross
- * ATEM American Trauma Event Management
- * National Safety Council
- * E.M.S. Safety Services
- * Medic First Aid
- * LIFELINE CPR & FIRST AID INSTRUCTION
- * Trained 4 Life, LLC
- * LIFE RESCUE TRAINING

Approved CPR, First Aid, AED and SIDS Training Details

American Heart Association

- Certification in CPR/ AED, Child CPR & AED/Infant CPR
- Certification is good for 2 years
 - CPR for children and Infants applies to children aged birth-8 years
 - Heart Saver AED course for adults and children 9 years and older
 - Health Care Provider (applies to BLS for health care providers)
 - Heart Pediatric First Aid 7 ½ hours or 6 ½ hours without CPR for those involved in child care, teachers, foster care workers, camp counselors.

CPR & AED Program

- The Heart Saver card issued for successful completion is an indication that the recipient has also successfully completed the infant/child CPR AED notated as appropriate on the face of the card and on the back of the card AHA Region, and Community Training Center, and phone number.

American Red Cross

- Certification in CPR, AED and First Aid
- First Aid certification is good for 3 years
- CPR and AED certification is good for 1 year
 - Adult, Child and Infant CPR applies to adults, child, and infants
 - Adult CPR w/First Aid & Automated External Defibrillator Skills are applicable

MSDE DECD-OOC Approved CPR, First Aid, AED & SIDS Training Organizations

- Child and Infant CPR and First Aid applies to children under 12 teaches rescue breathing, how to clear an obstructed airway, one rescuer CPR, first aid for choking victims and how to control bleeding, and how to treat common injuries.

American Lifeguard Association

- Follows American Red Cross guidelines
- Certification in CPR and First Aid
- CPR certification good for 1 year
- First Aid certification good for 3 years
- Infant, Child & Adult CPR equivalent to the American Red Cross training

American Safety and Health Institute: MEDIC FIRST AID TRAINING PROGRAMS

- ASHI Basic First Aid for the Community and Workplace
- Follows the 2005 American Heart Association's guidelines for cardiopulmonary Resuscitation and Emergency Cardiovascular Care for adults and children – certification 2 years
- Child CPR (children birth – 8 years)
- Adult CPR (children 9 and above)
- Adult/Child CPR (all age groups)

Conversant Training and Consulting Group

- Licensed Training Provider of the Red Cross
- Serve Charles, Calvert, St. Mary's, and Prince George Counties
- All First Aid/CPR/AED certifications are valid for 2 years from date of course completion
- Depending on the course or combination of First Aid/CPR/AED components, the following certifications will be awarded:
 - Adult CPR or Adult CPR/AED
 - Child CPR or Child CPR/AED
 - Pediatric CPR or Pediatric CPR/AED or Pediatric First Aid
 - Infant CPR or Infant CPR/AED
 - AED-Adult or AED-Child

MSDE DECD-OOC Approved CPR, First Aid, AED & SIDS Training Organizations

- **Contact Information: Shannon Fields**
Mobile: 301-996-6346
sfields@conversant-tcg.com

LIFELINE CPR & FIRST AID INSTRUCTION

- **American Red Cross Approved First Aid/CPR/AED Instructor (Adult, Child and Infant)**
- **Instructor: Robert West**
- **Training Location: All counties in Maryland including Baltimore City**
- **Contact Information**
Robert West
Phone 1(888) 735-9417
E-Mail: lifelinecpr@msn.com

National Safety Council

- **Certification for First Aid and CPR approved by the American Red Cross**
- **Follows the American Heart Association guidelines**
- **Certification good for 2 years**
- **First Aid course is good for 3 years**
- **Infant CPR (birth to 1 year)**
- **Child CPR (1 year to 8 years)**
- **Adult CPR (9 years and above)**
- **Infant, Child & Adult CPR (applies to all ages)**

URSUS Lifesavers and Aquatics

- **Follows 2005 American Red Cross and American Heart Association guidelines**
- **Certification in CPR good for 1 or 2 years based on type of training**
- **Certification in First Aid good for 3 years**
- **CPR for Professionals**
- **First Aid**
- **Life Guard Training**

E.M.S. Safety Services

Certification in CPR good for 2 years

- **Certification in First Aid good for 2 years**
- **Infant CPR (applies to children under 1 year)**
- **Pediatric CPR (applies to children 1-8 years)**
- **Adult CPR 9 and above**

MSDE DECD-OOC Approved CPR, First Aid, AED & SIDS Training Organizations

Emergency Care and Safety Institute

- American Academy of Orthopedic Surgeons
- First Aid and CPR certification for health professionals and allied health professionals

Medic First Aid

- First Aid Infant-Adult
- CPR Infant, Child and Adult (same as American Red Cross CPR course requirements)
- Both certifications are good for 2 years

ATEM American Trauma Event Management

- Certification in CPR, AED and First Aid
- First Aid certification is good for 2 years, except for the blood-borne pathogens, which the CDC requires annually
- CPR certification good for 2 years
 - Applies to CPR for Adults, Children and Infants
- ATEM follows the American Heart Association 2010 ECC Guidelines

EMT Certification

All Emergency Medical Technicians are required by Maryland Law to be certified through the Maryland Institute for Emergency Medical Services Systems.

- First Aid good for 3 years
- CPR good for 3 years and covers all ages birth through adulthood

ProTrainings : ProCPR and ProFirstAid

ProCPR is for Healthcare Providers and includes Adult/Child/Infant CPR/AED certification
ProFirstAid is for child care providers or lay rescuers and includes CPR for Adult/Child/Infant CPR/AED and First Aid certification

- Training consists of 2 steps to receive a certificate:
 - Step 1 is training and testing online and
 - Step 2 is the hands-on skill evaluation with a certified instructor.

American Heart Saver Institute(Pediatric and Adult CPR/AED & First Aid)

- Certification for CPR and First Aid approved by American Heartsaver
- Follows the American Heart Association and Redcross guidelines
- Certification good for 2 years
- First Aid course is good for 3 years
- Pediatric & Adult CPR (applies to all ages)
- Face to face and Blended course options available

MSDE DECD-OOC Approved CPR, First Aid, AED & SIDS Training Organizations

- **Blended Course:** Training consists of 2 steps in order to receive a certificate: Step 1 is training and testing online and step 2 is the hands-on skill evaluation with a certified instructor

Training/Business Name: Trained 4 Life, LLC

- **Instructor/Trainer Contact:** Pierre Cox, (877) 698-6590 ,trained4life@gmail.com
- **Courses Offered for Child Care Providers:** AHA Heartsaver CPR/AED
 - AHA Heartsaver First Aid
 - AHA Pediatric Heartsaver FA/CPR/AED
- **Training Method:** Instructor-Led, as well as hybrid courses
- **Training Location:** 821 East Baltimore Street, Baltimore MD.
- **Training Contact Information & Website:** www.trained4lifellc.com
- **Registration & Payment:** Online through PayPal and/or Cash
- **Cancellation and Reimbursement Policy:** 24-hour cancellation notice is required. No refunds less than 24 hours prior to scheduled course.

LIFE RESCUE TRAINING

- **Instructor/Trainer Contact:** Amer Tobing ,[301-327-2525](tel:301-327-2525) amer@liferescuetraining.com
- www.liferescuetraining.com
- **Courses Offered for Child Care Providers:** Adult, child, and infant CPR, AED, and First Aid along with BLS and ACLS skills sessions for Healthcare Providers. Trainings approved by AHA and ASHI.
- **Training Method:** Instructor-face to face
- **Training Location:** [11140 Rockville Pike Suite 400, Rockville MD 20852](#), willing to travel
- **Training Contact Information & Website:** www.liferescuetraining.com

Water Safety Consulting & Pool Management, LLC

- **Training Method:** Courses for certification are offered two ways: 1.) fully in-person, 2.) blended learning (includes online modules followed by in-person, hands-on skills practice and assessment).
- **Training Location:** We have locations throughout the state and also go to Child Care Centers to complete training.
- **Contact Information:** Jeff Dudley ,[908-216-8669](tel:908-216-8669) or jdudley@watersafetyconsulting.com
- **Website:** <http://www.watersafetyconsulting.com/child-care-certifications>
- **Registration & Payment:** Online using link above; email; telephone
- **American Red Cross Certificates Valid:** 2 years from the date of successful participant completion of course
- **Courses Offered for Child Care Providers:** Adult/Pediatric First Aid & CPR/AED; Adult/Pediatric CPR/AED; Basic First Aid; Pediatric First Aid/CPR/AED; Pediatric First Aid/CPR; Pediatric CPR/AED
- **Instructor Contact:** Jeff Dudley

The CPR and First Aid Training

COMAR 13A.16.10 Safety: 02 First Aid and CPR.A

(1) Basic first aid training through the American Red Cross, or a program with equivalent standards, which is appropriate to all child age groups for which the center is approved; and (2) Cardiopulmonary resuscitation (CPR) training through the American Heart Association, or a program with equivalent standards, which is appropriate to all child age groups.

Adult/Child/Infant CPR & First Aid Training Instructors

Certified instructors are required to hold an Instructor Certification from the American Red Cross, American Heart Association, American Safety & Health Institute or the National Safety Council. They must be a currently licensed medical professional, such as RN, LVN, EMT or MD.

MSDE DECD-OOC Approved CPR, First Aid, AED & SIDS Training Organizations

SIDS Training Requirements

SIDS training requirements for family child care providers took place July 1, 2004 for new applicants and January 1, 2005 for existing providers caring for children under the age of two. In order to clarify the requirements for training the following information is provided.

- **Resources for Training:**

All SIDS training is to be based on information available from the American Academy of Pediatrics, "Reducing the Risk of SIDS in Child Care" training curriculum. The training materials and information for presentation are available free for download at www.healthychildcare.org. All training must include, at a minimum, information on:

- Definition and background information on SIDS
- Sleeping positions
- Supervision practices
- Sleeping environment

- **Approved Training Sources:**

- Colleges and universities
- Health Departments
- Resource Centers
- Infants and Toddlers Program
- Abilities Network
- Trainers approved by OCC – Office of Credentialing